

ATHLETIC CLUB

25-yard Pool Schedule - Fall 2022

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 AM								
6:00 AM								
7:00 AM								
8:00 AM								
9:00 AM	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit		
10:00 AM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
11:00 AM	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons			
12:00 PM								
1:00 PM								
2:00 PM								
3:00 PM								
4:00 PM	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons			
5:00 PM								
6:00 PM								
7:00 PM								
8:00 PM								
Lanes Open	No Programming	3	2	1				