

ATHLETIC CLUB

LRAC Aquatics Programming and Lap Lane Availability Fall 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	AquaFit	
10:00 AM							
11:00 AM						Swim Lessons	
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team	Swim Lessons + Swim Team			
6:00 PM							

7:00 PM							
8:00 PM							
9:00 PM							
Lanes Open	NO PROGRAMS SCHEDULED AT THIS TIME	3	1-2	1			