

GYM FLOOR SCHEDULE

Day	North End (Group Exercise Side)	South End (Basketball Side)
Monday	5:30 - 7:00 am 8:30 - 9:30 am 9:45 - 10:45 am 11:00 am - 1:00 pm 3:30 - 6:30 pm Group Exercise Group Exercise Group Exercise Full Court Basketball (adults only) Basketball Focus Groups	8:30 - 9:30 am 11:00 am - 1:00 pm 5:00 - 7:30 pm Group Exercise Full Court Basketball (adults only) Full Court Basketball
Tuesday	5:30 - 6:15 am 8:30 - 9:30 am 11:00 am - 1:00 pm 6:00 - 7:00 pm Group Exercise Group Exercise Full Court Basketball (adults only) Group Exercise	8:30 - 9:30 am 11:00 am - 1:00 pm 5:00 - 7:30 pm Group Exercise Full Court Basketball (adults only) Full Court Basketball
Wednesday	5:30 - 6:45 am 9:45 - 10:45 am 11:00 am - 1:00 pm 5:00 - 8:00 pm Group Exercise Group Exercise Full Court Basketball (adults only) Basketball Focus Groups	11:00 am - 1:00 pm 5:00 - 7:30 pm Full Court Basketball (adults only) Full Court Basketball
Thursday	5:30 - 6:15 am 8:30 - 9:30 am 11:00 am - 1:00 pm 6:00 - 7:00 pm Group Exercise Group Exercise Full Court Basketball (adults only) Group Exercise	8:30 - 9:30 am 11:00 am - 1:00 pm 5:00 - 7:30 pm Group Exercise Full Court Basketball (adults only) Full Court Basketball
Friday	5:30 - 6:45 am 8:30 - 9:30 am 9:45 - 10:45 am 11:00 am - 1:00 pm 5:00 - 6:30 pm Group Exercise Group Exercise Group Exercise Full Court Basketball (adults only) Basketball Focus Groups	8:30 - 9:30 am 11:00 am - 1:00 pm Group Exercise Full Court Basketball (adults only)
Saturday	8:30 - 10:00 am Group Exercise	8:30 - 10:00 am Group Exercise

The court is open for shooting or playing if no activity is scheduled.

The Manager on Duty (MOD) is available to help organize court usage during open play. Don't see the MOD? Ask at the Front Desk.

(9-26-2023)